



## Post-Operative Instructions: Ear Tube Placement

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Office # 402-397-0670

### *You May Experience*

- Ear fullness, pressure and/or sensation of decreased hearing for 1-7 days as the topical numbing drop wears off and as you get used to the ear tube(s)
- Some ear drainage (clear, yellow and/or blood tinged) for up to a week

### *Instructions*

- Pain should be easily controlled with Tylenol (acetaminophen) and/or Motrin (ibuprofen)
- Ear drops will be sent to your pharmacy as needed. These treat underlying infection and keep the tubes open/patent
- Warm up the bottle in your hand or pocket for a few minutes before using
- You can use the ear drops for 3-5 days if you have future episodes of ear drainage Please call the office if the drainage does not resolve with the drops
- **Water exposure** Okay for showers, baths, swimming pools
- Avoid ocean, lake and river water – you will need to wear ear plugs such as Mack's moldable silicone ear plugs
- There is no activity, exercise, or flying restrictions