



Dr Stansifer – Adult Ear Tubes After Care

Office # 402-397-0670

You May Experience

- Ear fullness, pressure and/or sensation of decreased hearing for 1-7 days as the topical numbing drop wears off and as you get used to the ear tube(s)
- Some ear drainage (clear, yellow and/or blood tinged) for up to a week

Instructions

- Pain should be easily controlled with
 - Tylenol (acetaminophen) and/or Motrin (ibuprofen)
- Ear drops will be sent to your pharmacy
 - These treat underlying infection and keep the tubes open/patent
 - Warm up the bottle in your hand or pocket for a few minutes before using
 - **Ciprofloxacin-dexamethasone ear drops (1 bottle)**
 - 4 drops 3 times daily to
LEFT RIGHT for ____ days
 - **Ofloxacin + Dexamethasone ear drops (2 separate bottles)**
 - 2-3 drops of both bottles 3 times daily to
LEFT RIGHT for ____ days
- You can use the ear drops for 3-5 days if you have future episodes of ear drainage
 - Please call the office if the drainage does not resolve with the drops
- **Water exposure**
 - Okay for showers, baths, swimming pools
 - Avoid ocean, lake and river water – you will need to wear ear plugs such as Mack's AquaBlock reusable silicone ear plugs (can get on Amazon)
- There are no activity, exercise, or flying restrictions